## Does mixing drinks get you drunk faster?

It certainly can if you're gulping down liquid with a higher average alcohol content. But mixing strong drink with carbonated mixers can also accelerate the speed of intoxication.

Researchers at the Manchester University compared the rate of alcohol absorption among people given neat vodka with those taking vodka diluted to half strength using carbonated mixer. Surprisingly, two-thirds absorbed the alcohol significantly faster when given the carbonated drink than with the straight variety, reaching a peak alcohol concentration around 10 minutes sooner.



was seen when the alcohol was diluted with plain water. Why this should be is a mystery.

## Our

# Beer Stats

	MAR	APR
BlackSheep	495	372
Carling	11560.5	11290.5
Carlsberg	1065.5	951.5
Boddingt.'s	1016	943.5
Guinness	1362	1242
Yorkshire	1443	1379.5
Vier	1455.5	1768
Sovereign	730.5	693
Stella	718.5	852.5
Tetley	851.5	842
Worth.'s	2016.5	1800
Stones	812	689
S'Bow	1739	1765
J Smiths	2532	2339
Coors	1021	1036
Total	28818.5	27963.5



Molson Coors is making four million pint and half-pint glasses for its Carling brand. The new glassware is tougher, with thicker walls and a higher impact strength to reduce breakages. It also has increased nucleation to improve head-retention performance. Watch out, they'll be with us soon.

# THANK YOU



Just to say Thanks to our supplier HB Clark for supporting and backing our £1.30 offer. As Members I'm sure you'll agree that its been a good treat. Especially if you're a regular visitor to the bar. Who knows, if your around in another 130 years we just might repeat the offer! Thanks again.

Join the Committee. We need your help, if you think you have what it takes, then let us know. We could certainly do with the extra help. We often take the Club for granted, but the simple fact is, without the dedication of more Committee then we wouldn't have a Club. Its also your chance to have an input how we do things, how the Club is run.

## THANK YOU







#### £2,186.00 raised, thank you!

You've guessed it, there's plenty more pictures from the day on our Online Gallery2. If you were in that day, i'm sure you'll have been caught on camera.

Aim as always is to have fun and raise money for these worthwhile and superb Charities. Which help make each one a total success. Thanks again. **May 2012** 

# THE MASH

#### **Please Take Me**

Churchfield Street Batley West Yorkshire WF17 5DL

- t 475960
- f 475161
- w thenash.co.uk



## SHE'S A WINNER!

Taking 1st Prize yet again, Kate Hirst claims Best Easter Bonnet 2012. The Judges had an extremely tough time in deciding with this year's entries.

A huge congratulations to all entries.

Everyone deserving to win in their own right.

We really have some fantastically talented members. Marie Colleran for example (2nd Place) could sell and manufacture that hat.

Without a doubt would be an instant hit - in outer Mongolia! Seriously, well done everyone.

Big thanks to all the Charity Girls for organising the event. I'm sure that both Cystic Fibrosis and Eckersley House will be delighted in receiving their equal share. With support from all our members and guests we raised  $\mathfrak{L}_{2,186.00}$ . You've guessed it, both charities will receive a cheque for  $\mathfrak{L}_{1,093.00}$ .

Thanks again. Next big charity fundraiser will be Dewsbury, Batley Faith & Light. Taking place on August Bank Holiday. Incorporating our very own Nash's Got Talent. Which is always popular, we just can't wait to see and judge the talent that will be before us all. So start thinking of what you'll be performing. Top prizes given to the best, or even the ones that try! Just hope its not Kate Hirst, again!

#### Calendar

#### Friday 8th June

The Snapp

#### Thursday 21st June

Ladies Day @ The Nash

#### Friday 27th July

The Spectre

#### Friday 21st September

Complete Maddness

Extra dates above the Club's normal weekly entertainment offerings.

If you have any ideas you think might make good charity earners then please let us know. Any help is always warmly welcomed. The Charity Girls are veterans in organising the events, but an extra pair of hands always makes for lighter work.



#### Saturday 5th May

Foster's Launch Night. Plenty of give-aways and raffles. They'll even be a special Foster's Promotion Bar, just for Foster's of course! £2.20 a pint. Rounding it off will be superb entertainment from band 'South West'. Remember you have to be in to win.

www.thenash.co.uk www.thenash.co.uk

TEENAGE CANCER TRUST

**Special thanks to Batley Irish Democratic League Club** 

A thank you letter received from Teenage Cancer Trust to which we'd like to share;

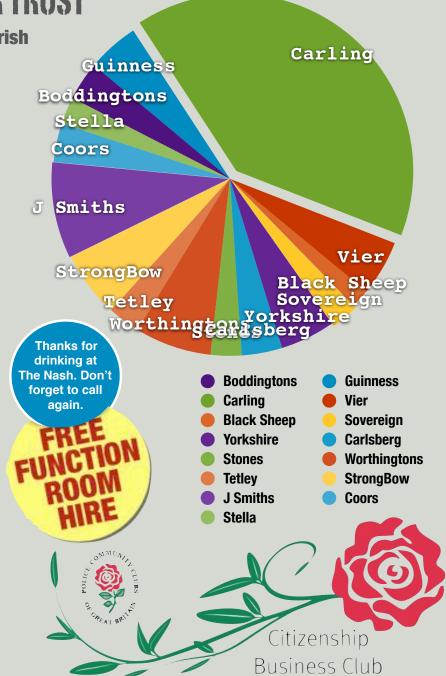
Dear Andrew

Thank you so much for your donation of £3220 from the Batley Irish Democratic League Club raised at your recent fundraising evening on the 10th February. Special thanks goto Monica Hopkins and the others who helped organise the night and source the raffle prizes. Your generosity will help us to achieve our aim - to build enough specialist units so that by the end of 2012 every teenager with cancer in the UK will have access to the support they need. This in turn will bring improved lives and improved outcomes from this terrible illness.

Teenage Cancer Trust units are designed to be as close as possible to a young person's normal life outside hospital. The state-of-theart units are bright and vibrant and will often include pool tables, jukeboxes, computers and webcams, helping them keep in touch with others and cope with grueling treatment and often long stays in hospital. The money you raised will go towards helping more young people from across the UK fight cancer and have a better quality of life, people like Matt 19; "The facilities at the Teenage Cancer Trust unit were amazing, it was great to know there was always something to do and the staff were amazing, they became like a second family to me".

Yours sincerely

Rachel Ridler, Regional Fundraising Admin Assistant



April SALES

# **Police Community Clubs of Great Britain.**

Proud to be supporting such a diverse initiative. Not only did we advertise in their Community Magazine, we're also showing our committment as a Club to good Citizenship and Goverance. As the heart of the town and our own growing community we have a duty to be responsible in what we do.



### **IPAD 3 WINNER**

Drawn on Monday 30th April.

Congratulations goes to

Mr Ged Clay

1036 was the winning number.

Drawn by Rebecca Williams, member of our Irish Dancers.



#### Nash's Ladies Day

Thursday 21st June. Preparing for our 2nd hosting of another superb day. The organiser's are promising for it to be even better this year. Tickets are going fast, first come first and are limited. So please hurray. £15. Please See Jean Shaw, Jean Foley, Margaret Walker or enquiry at the Bar.



# Without compromising quality, consistency, British ale values and enjoyment

Set within the Backbone of Britain, Pennine Brewery is the only nutrition in beer focused Cask Beer Company who produce on a Bavarian Brewhouse. Creating a well balanced and mouth watering ales for all generations and genders to enjoy. Located in Batley, Pennine Brewery is becoming a popular and favourite brand to have on the bar. That's why you'll soon be seeing it here. Along side our popular selling Black Sheep. Over time we'll try the range, letting our members and guests be the decider on whether or not it can stay. As you know our range is extensive. Only a good seller can ever hope to remain part of our weekly order.

The Club's expansion into Real Ale really came about by demand. This is one of the fastest growing markets in our industry and we needed to be onboard. Even if we only start with two heads. Its a start.





Well done Niki. He'll be rewarded with a case of lager. Of his own choosing! Supplied and sponsored by HB Clark. NOt his only is he familiar behind our bar. He's also more familiar on the rugby pitch, playing for Dewsbury Celtic. Some even say, he's not even that bad.

FREE ROOM HIRE	SAT 30 JUNE	FREEZE	NUMBERS	LOUNGE
That's right, Free Room Hire right here at the Nash. Whatever your event/party/ function get in touch with us to see what we can do for you. Don't pay for expensive room hire, when you can have it here for Free. Call us 01924 475960 select option 4 to be put through to the Bar. They'll be happy to answer your questions.	Proud to be supporting Armed Forces Day. We'll be flying the Flag and toasting the fantastic work they undertake at home and abroad.	Sure you've all noticed, there's still no increase in beer HERE. Our commitment to low prices and value.	For those who are suspect that the random machine generator never brings out your number. We've now purchased a new one.	Decorating the Club's Lounge has been approved. Work will commence shortly. Apologies in advance for the potential inconvenience.

www.thenash.co.uk www.thenash.co.uk